



LIVE THE LIFE

**True North Project**  
**Sexual Risk Avoidance Education (SRAE)**  
**Jan-Jun 2024**

**Duval County Middle Schools**  
**Executive Summary**

**FSU**  
**THE FLORIDA CENTER FOR**  
**PREVENTION RESEARCH**

### Healthy Relationships

- 81.3% of students reported that being in the program made them more likely to better understand what makes a relationship healthy.
- 68.1% of students reported that being in the program made them more likely to resist or say no to someone if they pressure them to participate in sexual acts.

### Goal Setting

- 8 out of 10 students reported that being in the program made them:
- More likely to make plans to reach their goals.
  - More likely to care about doing well in school.

### Program Outcome

- Nearly half of students reported that as a result of being in the program, they are more likely to delay sexual intercourse until they are married.

### Self-Regulation

- 70.1% of students reported that being in the program made them more likely to resist or say no to peer pressure.
- 61.2% of students reported that being in the program made them more likely to manage their emotions in healthy ways.

### Decision-Making

- 55.4% of students reported that being in the program made them more likely to think about the consequences before making a decision.

### Success Sequence

Number of students reporting that being in the program made them more likely to:

- Delay having sexual intercourse until they graduated high school or received their GED (58.8%)
- Delay having sexual intercourse until they are married (48.6%)
- Plan to be married before they have a child (56.5%)
- Plan to have a steady full-time job before they get married (73%)
- Plan to have a steady full-time job before they have a child (75.4%)



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**True North Project**  
**Sexual Risk Avoidance Education (SRAE)**  
**Jan-Jun 2024**

**Duval County High Schools**

# Executive Summary

**FSU**

**THE FLORIDA CENTER FOR  
PREVENTION RESEARCH**

## Healthy Relationships

- 85% of students reported that being in the program made them more likely to better understand what makes a relationship healthy.
- 74% of students reported that being in the program made them more likely to resist or say no to someone if they pressure them to participate in sexual acts.

## Goal Setting

- 8 out of 10 students reported that being in the program made them:
- More likely to make plans to reach their goals.
  - More likely to care about doing well in school.

## Program Outcome

- 42.5% of students reported that as a result of being in the program, they are more likely to delay sexual intercourse until they are married.

## Self-Regulation

- 74.7% of students reported that being in the program made them more likely to resist or say no to peer pressure.
- 61.9% of students reported that being in the program made them more likely to manage their emotions in healthy ways.

## Decision-Making

- 62.8% of students reported that being in the program made them more likely to think about the consequences before making a decision.

## Success Sequence

Number of students reporting that being in the program made them more likely to:

- Delay having sexual intercourse until they graduated high school or received their GED (56.1%)
- Delay having sexual intercourse until they are married (42.5%)
- Plan to be married before they have a child (63.9%)
- Plan to have a steady full-time job before they get married (75.9%)
- Plan to have a steady full-time job before they have a child (79.4%)